




Faculty Details proforma for DU Web-site



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|--|--|------------|----------------|-----------|--------------------|---|
| Title | Lt. Dr. | First Name | Suparna | Last Name | Jain Thakur | Photograph |
| Designation | Assistant Professor – Psychology | | | | |  |
| Email | suparnajain@dr.du.ac.in | | | | | |
| Educational Qualifications | | | | | | |
| Degree | Institution | | | | Year | |
| B.A. (H) | Indraprastha College, Delhi University | | | | 2006 | |
| M.A. | Delhi University | | | | 2008 | |
| Ph.D. | Delhi University | | | | 2013 | |
| Career Profile | | | | | | |
| 12+ Years of total teaching experience Commissioned as Lieutenant by OTA, Gwalior in 2020 | | | | | | |
| Administrative Assignments | | | | | | |
| Associate NCC Officer (ANO), National Cadet Corps at DRC | | | | | | |
| Areas of Interest / Specialization | | | | | | |
| Psychology of the marginalized, Gender studies, Research methodology and Applied Social Psychology | | | | | | |
| Subjects Taught | | | | | | |
| Research methodology, Statistical Methods for Psychological Research, Health and Wellbeing, Organizational Behaviour | | | | | | |
| Research Guidance | | | | | | |
| 1. Institute: Delhi University (B.A. Psychology) Title: Self Sustainability of Proactive employees 2. Institute: IGNOU (M.A. Psychology) Title: Personality differences among sports persons and non athletes 3. Institute: IGNOU (M.A. Psychology) Title: Gender differences in the incidence of Depression and hopelessness among Indian youth 4. Institute: IGNOU (M.A. Psychology) Title: Stress level among Working and Non Working women 5. Institute: IGNOU (M.A. Psychology) Title: Influence of Electronic media on Teenagers 6. Institute: IGNOU (M.A. Psychology) Title: Peer influence on Adolescents | | | | | | |

In extended/ Peer Reviewed Journals

- Kaur, H., Agrawal, M. & Jain Thakur, S. (2024). Examining Emotional Abuse in the context of Urban Indian Dating Relationships. *International Journal of Indian Psychology*, 12(4), 2486-2500. DIP:18.01.235.20241204, DOI:10.25215/1204.235
- Besta, T., Jurek, P., Olech, M., Włodarczyk, A., Kosakowska-Berezecka, N., Bosson, J. K., Thakur, S.J... & Vohra, N. (2024). Measuring collective action intention toward gender equality across cultures. *European Journal of Psychological Assessment*.
- Das, N & Thakur, S.J. (2024). Understanding Fan and Fandom: Not just a mere Crowd. *International journal of humanities and social science invention*, 13(3), 28-33, 2024. (ISSN: 2319-7714)
- Kosakowska-Berezecka, N., Bosson, J. K., Jurek, P., Besta, T., Olech, M., Vandello, J. A.,... Jain, S.J. ... & van der Noll, J. (2022). Gendered self-views across 62 countries: A test of competing models. *Social psychological and personality science*, 19485506221129687.
- Bosson, J. K., Jurek, P., Vandello, J. A., Kosakowska-Berezecka, N., Olech, M., Besta, T., ...Jain, S.J.... & Van Laar, C. (2021). Psychometric properties and correlates of precarious manhood beliefs in 62 nations. *Journal of Cross-Cultural Psychology*, 52(3), 231-258.
- Jain, S., Kaur, M., & Jain, Sh. (2020). Hostile and benevolent sexism in India: Analysis across cultures. In S. Safdar, C. Kwantes, & W. Friedlmeier (Eds.), *Wiser world with multiculturalism: Proceedings from the 24th Congress of the International Association for Cross-Cultural Psychology*. https://scholarworks.gvsu.edu/iaccp_papers/277
- Jain, S., Jain Sh, & Kaur M. (2020). Psychometric Validation of Ambivalent Sexism Inventory (ASI) using Rasch Analysis on Indian Sample. *The International Journal of Indian Psychology*, 8 (2), 988-996. ISSN 2348-5396 (e), ISSN: 2349-3429 (p). <https://ijip.in/articles/psychometric-validation-of-ambivalent-sexism-inventory-asi-using-rasch-analysis-on-indian-sample/>
- Chandra, A, Tandon, C., & Jain, S. (2020) “Single-mother households: Emotional Health, Resilience and Resultant relationship quality”. In S.K.Srivastava & K. Sharma (Eds.), *Health Care Challenges in India: Psycho-Social Perspectives*(191-211), 2020. Delhi, New Delhi: Golden Vision Publishing House (ISBN: 978-81-944023-2-9)
- Research Article titled “The Epidemiology, Etiology And Psychological Consequences Of Cannabis Use Among Indian Youth” published in *International journal of humanities and social science invention*, 7(10), 7-13, 2018. (ISSN: 2319-7714) [https://www.ijhssi.org/papers/vol7\(10\)/Version-2/B0710020713.pdf](https://www.ijhssi.org/papers/vol7(10)/Version-2/B0710020713.pdf)

- Chapter titled “Mental Health awareness among Indian Youth” published in Applications of Psychology: Reaching out and making a difference, 82-85, 2018 (ISBN:978-93-86724-38-0) (First author)
- Chapter titled “Improving the Psychological Health of Student Sojourns in India” published in Applications of Psychology: Reaching out and making a difference, 92-102, 2018 (ISBN:978-93-86724-38-0) (First author)
- Chapter titled “Bridging the gap between the specially-abled and the general population” published in Applications of Psychology: Reaching out and making a difference, 219-226, 2018 (ISBN:978-93-86724-38-0) (First author)
- Chapter titled “Improving the Psychological Health of Student Sojourns in India” published in Applications of Psychology: Reaching out and making a difference, 92-102, 2018 (ISBN:978-93-86724-38-0) (First author)
- Research Article titled “Importance of Resilience through Leisure Satisfaction to overcome Academic Stress” published in the *Indian Journal of School health and wellbeing*, 2 (3), 29-35, 2016 (ISSN: 2349-5464) (First author)
- Research article titled “Striving for social justice: Understanding gender issues at the workplace in India” published in *Health Psychology Report*, 4(3), 2016 (ISSN: 2353-4184) (First author)
- Research article titled “Reservation policy and its impact on Alienation and WFC: An empirical study of male and female managers” published in *Indian Journal of Psychology and Education*,5(1),112-121, 2015 (ISSN: 2231-1432) (First author)
- Research article titled “Caste based quota system: A solution or a source of discrimination” published in *Vision journal of Business Perspectives by Sage*, 18(4),1-9, 2014 (ISSN: 0972-2629) (First author)
- Research article titled “Self esteem: a gender based comparison and the causal factors reducing it among Indian youth” published in *International journal of humanities and social science invention*, 3(4), 9-15, 2014 (ISSN: 2319-7714) (First author)
- Research article titled “Bi-directional relationship between T-anxiety and Self Esteem: An empirical research with Indian college students” published in *The international journal of Humanities and Social studies*,2(9),79-86, 2014 (ISSN: 2321-9203) (First author)

Awards and Distinctions

1. Best ANO award, first in merit award and Best in academics award at Officer's Training Academy, Gwalior in 2020.
2. Young woman achiever's award by Prachi Educational society, Delhi in 2018.
3. Awarded as the most consistent performer and the best all round student in Psychology department during graduation.
4. Awarded for holding rank in college, dept. of psychology in batch 2003-2006.

Association With Professional Bodies

- Lesson Writer, Psychology course at senior secondary level, National institute of open Schooling (NIOS), MHRD.
- Member of Prachi Educational Society for giving behavioral workshops to Delhi Police and Para Military forces
- Reviewer for a peer-reviewed annual academic journal accredited with an International Standard Serial Number (*ISSN 2321-7057*) published by Department of Psychology at Lady Shri Ram College, University of Delhi
- Member of NAOP (National Academy of Psychology)
- Examiner for Indira Gandhi National Open University (IGNOU) for the courses in B.A. and M.A. in Psychology.

Other Activities

- Developed video tutorials for ECCE course at senior secondary level for National institute of open Schooling (NIOS), MHRD in 2019.
- Subject Expert, updation of glossary of Psychology, commission of scientific and technical terminology, MHRD.
- Resource Person for workshop on Leadership skills for NSS unit, Daulat Ram College, Delhi University.
- Resource Person for lecture on enhancing interpersonal communication in the Skill dev course (self-enhancement skills), 2015, Daulat Ram College, Delhi University
- Resource Person for a workshop on Building interpersonal bonds (2015) and Cognitive techniques to enhance learning ability (2016) in the Value engagement course, Daulat Ram College, Delhi University.